

# CUISINE Q&A

Station 1 Hot Wing Cafe Owners: Rory and Cynthia Techeira & Beniamino and Karen Llorens

**CS** Where are you from?

**STATION 1** Beniamino is originally from Puerto Rico and moved to Philadelphia, PA as a teenager. Karen was born in Brooklyn, NY and moved to Philadelphia as a young girl. Rory is originally from the Caribbean island of Antigua, West Indies and also moved to Philadelphia, PA as a teenager. Cynthia was born and raised in Philadelphia, PA (on the playground is where she spent most of her days).

**CS** How long have you been in Hampton Roads?

**STATION 1** Rory and Cynthia moved to the Hampton Roads area in 1996, and Beniamino and wife Karen in 1997. Cynthia's grandparents moved to Virginia Beach in 1974, and she spent all of her summers growing up on the beach. We have been here for 10 years now and we love this city.

**CS** When/how did you get into the restaurant business?

**STATION 1** We found out about Station 1 Hot Wing Cafe in Douglasville GA. The Franchise Owners opened a location down the street from where we lived (for 2 years) and we went to try it out. We thought the wings were awesome and liked the firefighter motif. We were interested in the mission to support local Firefighters and Rescue. We decided to bring it here to Virginia Beach. This is our first experience in the restaurant business and we are enjoying it!!

**CS** How would you describe your restaurant?

**STATION 1** Our restaurant is family friendly, and we love to see the children and adults get excited about the firefighter paraphernalia that covers the walls. Come see our helmets, jackets, water hose and pictures. We are smoke-free and have a happy staff with great smiles. Our customers love to come in and talk about Philly, the food and sightseeing attractions (especially the very famous Pat's Steaks eatery). We have a lot of customers from the North and they love our wings and Philly Cheesesteaks. We are diehard Philadelphia Eagles Fans and that always stirs up a lot of chatter.

**CS** What differentiates your restaurant?

**STATION 1** We are very involved and dedicated to Chick's Beach Rescue Squad 4 and the Fire Dept. We are committed to the financial needs of the Rescue and work closely with fund raisers and local charities of their choice. We provide a 20% discount to Firefighters, Rescue Squads and the Police Dept. Since we are located across from the Little Creek Amphib Base, we offer a low cost lunch meal for our Military customers.

**CS** What dishes would you absolutely recommend to guests visiting your restaurant for the first time?

**STATION 1** We highly recommend the Fireman's Special (10 wings, fries and a drink), our Philly cheesesteak, also known as the "Hook and Ladder," and Buffalo Fingers (chicken breast strips) dipped in one of our famous sauces.

**CS** What is your inspiration for the menu?

**STATION 1** Our inspiration for the menu would be our homemade hot wing sauces and our Philly Cheesesteaks that come on the famous Amoroso Roll (a must) that comes directly from Philadelphia.

**CS** What's your favorite meal to cook at home?

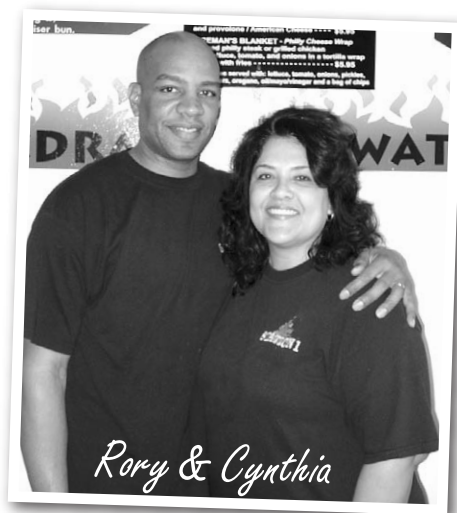
**STATION 1** We have three favorite dishes: For the Italian members of the family, that would be our homemade Lasagna and Meatballs. For the Spanish lovers- Arros Con Pollo (rice and chicken). For the Caribbean side that would be, Oxtail Stew, Curry Goat and Rice and Peas

**CS** What upcoming events or promotions do you have planned?

**STATION 1** Our Upcoming events will include Military Appreciation Day in March, our 2nd Annual Poker Run for Rescue 4 in August, and War of the Wings in the fall for St. Mary's Hospital for Disabled children. Call us for dates and times on these events.

**CS** What else should we know about you? Any hobbies, favorite activities, etc?

**STATION 1** For Ben and Karen they like to walk on the beach and Ben finds treasures with his metal detector. Traveling to Israel and entertaining in their home. Rory likes to play soccer, basketball, cricket and through the baseball around with his son Cody and daughter Sierra. Cynthia likes to go to church, read her Bible, travel to the Caribbean and cook for family and friends.



**Station 1 Hot Wing Cafe**  
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